

Liechtensteiner
Eislauf-Verband



Liechtenstein Figure Skating Development Camp for small nations and federations for Novice and Junior

in Flims Switzerland

27.07. - 02.08.2025



FLIMS X LAAX



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Liechtensteiner Eislauf-Verband
Patrik Kaiser
Platta 41
FL – 9488 Schellenberg
m: +423 791 79 81
email: info@eislaufen.li

Liechtensteiner
Eislauf-Verband

www.eislaufen.li



Schellenberg, 22.05.2025

Invitation:

2nd Liechtenstein Figure Skating Development Camp for small nations and federations 2025

Dear friends of figure skating in small nations and smaller federations in Europe

We are happy to announce that the second "Liechtenstein Figure Skating Development Camp for small nations and federations 2025" will take place, supported by the ISU Development Program.

As part of the ISU Development Program, we are pleased to invite your federation to participate in our figure skating training camp. The camp will take place from Sunday, July 27 (with arrival on Saturday, July 26) to Saturday, August 2, 2025 (departure on Sunday, August 3), in Flims, Switzerland. This event is made possible through the generous financial support of the ISU to foster young talent and support their development in figure skating, and to help the small nations community develop ice skating in their countries.

The ISU Development Project will take place as a stand-alone camp during the international figure skating training camp "Super Summer Camp Flims," which runs over a period of five weeks from July 7th to August 9th, 2025. For more information about the Super Summer Camp 2025 in Flims, please visit figureskatingcamp.com.



Event Details:

- **Arrival:** Saturday, July 26, 2025
- **Camp duration:** From Sunday morning, July 27 to Saturday evening, August 2, 2025
- **Departure:** Sunday, August 3, 2025
- **Location:** Sportzentrum Prau la Selva, Via Prau la Selva 6, 7018 Flims Waldhaus, Switzerland (60 km from Liechtenstein) <https://sportzentrum-flims.ch>
- **Target group:** Young athletes at the Novice and Junior levels, as well as their coaches from small European nations and smaller skating federations, are invited to participate.
- **Maximum participants:** 30 (15 novices and 15 juniors), with priority given to small countries, small nations, and neighboring countries
- **Costs for participants:** CHF 300 participation fee plus CHF 330 for accommodation, **totaling CHF 630 for the camp and accommodation**, including breakfast, lunch packages and one meal for dinner. These moderate prices are made possible thanks to ISU Development support!
- **Costs for accompanying coaches:** CHF 150 participation plus CHF 330 for accommodation, **totaling CHF 480 for the camp and accommodation**, including breakfast, lunch packages and one meal for dinner.
- **Ice times for training:** Additional patches on request are possible to book as long as there are free places.
- **Simultaneous training for accompanying coaches**
- **Focus on Program Components, Composition and Presentation in the Choreography, as well as “Level” steps, spins and jumps**
- **Accommodation in one house** with opportunities to build community.
- **Initiation of the promotion of figure skating development in small nations and federations through regular exchange**

Travel

Athletes, coaches and officials will be responsible for all travel expenses.

Contact and Inquiries

By email to: info@eislaufen.li

Goals of the Training Camp:

The training camp aims to comprehensively support young talents at the Novice and Junior levels. It provides them with the opportunity to improve their technical skills and learn from a highly qualified coaching team. The focus is on program components, composition, and presentation, as well as specific elements like steps, spins, and jumps. Additionally, participating coaches will gain valuable insights and further training to sustainably support the development of figure skating in their home countries. Through intensive training sessions and interactive workshops, the athletes' performance capabilities will be enhanced, and the quality of their presentations improved. Finally, the camp is an opportunity for small nations and federations to discuss the issues they face, consider how these issues can be addressed,

and make connections with other participants from similar-sized federations. As a new addition to the coaching team this year, Salome Brunner contributes to the choreographic work with her extensive experience and recognized professional expertise.

Coaching Team:

We are pleased to offer an excellent team of trainers for this special training week, focusing on program components, composition, and presentation, as well as “Level” steps, spins, and jumps. Our coaching team includes:

- **Myriam Loriol** (SWI), Head Coach, experienced ISU Technical Specialist and Moderator (Sunday, July 27)
- **Elena Romanova** (AUT/UKR), Head Coach, Specialist in Technique, European and World Championships, Olympic Coach
- **Marius Negrea** (ROM), Head Coach, Specialist in Technique, 3-time Olympian, Diploma in Sports Education, European and World Championships, Olympic Figure Skating Coach.
- **Leanna Caron** (CAN), experienced ISU Referee, Components (Sunday, July 27)
- **Salome Brunner** (SUI), International Choreographer, Founding member of the Skating Club of Champéry, the base of Stéphane Lambiel’s Skating School of Switzerland, the Swiss ISU Center of Excellence (Thursday, July 31, to Saturday, August 2)
- **Sabrina Messmer** (SWI), Off-Ice Dance Expert, Master of Teaching (Dance) Royal Academy of Dance, London, Choreographer and Principal at the Center for Music and Dance in Weinfelden
- **Mikhail Semenov** (UKR), Off-Ice Acrobatics and Fitness Expert, former Cirque du Soleil Artist
- **Oscar Peter** and **Katie Stainsby**: Further choreographers for separate private lessons



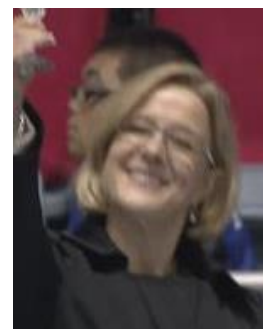
Elena Romanova



Marius Negrea



Leanna Caron



Myriam Loriol Oberwiler



Salome Brunner



Sabrina Messmer



Mikhail Semenov

Program:

- Saturday, July 26, 2025:
 - Individual arrival
- Sunday, July 27, 2025, and Monday, July 28, 2025:
 - Program Components Overview – Presentation by Leanna Caron
 - Overview Presentation “Levels” by Myriam Lorient
 - Performances of programs and direct feedback by Leanna Caron
 - Level checks by Myriam Lorient
 - Feedback and Discussion with Myriam Lorient, Leanna Caron, and Sabrina Messmer
- Daily from Monday, July 28, 2025, to Friday, August 1, 2025:
 - Dance with Sabrina Messmer
 - Acrobatics with Mikhail Semenov
 - Steps, jumps, spins, and programs with Elena Romanova, Marius Negrea, and Sabrina Messmer
- Thursday, July 31, 2025, to Saturday, August 2, 2025:
 - Choreography with Salome Brunner
- Saturday, August 2, 2025:
 - Show Skating (Competition Simulation) followed by dinner
- Sunday, August 3, 2025:
 - Departure
- **Seminar**
 - Program Components Overview – presentation (Leanna Caron):
Sunday, July 27, 2025
 - Program Components Level – presentation (Myriam Lorient):
Sunday, July 27, 2025
- **Activities**
 - Team event for participants: Wednesday, July 30, 2025
 - **Meeting of Representatives from All Participating Countries** (officials, participants, parents, coaches): Wednesday, July 30, 2025, 19:15
Online participation in the meeting of the official representatives of the participating federations is possible and highly encouraged. It is an important development goal to discuss the needs of the federations and to talk about further development. Please provide us with contact details for this purpose.
 - Camp Gala (competition simulation) followed by dinner: Saturday, August 2, 2025

Registration:

Please let us know by June 6, 2025, at the latest, if your federation would like to participate in the training camp. Participants from small nations and small federations will be given preference until June 13, 2025. Registration of participants for your federation, as well as individual registrations (forwarded by you to coaches and athletes), will be possible until June 27, 2025. To register, please use the following link:

Registration

<https://docs.google.com/forms/d/e/1FAIpQLSdIYcX3pJopFE3C-oz51wuPkMPF9txNmAla-YTuals8wMquiw/viewform>

After successful registration you will receive an e-mail confirmation including the invoice and payment instructions. Payment deadline will be July 4, 2025. Registration is only valid once payment has been made.

Participants younger than 16 years

- Participants under the age of 16 must be accompanied by a responsible adult, confirmed by a parent's signature. This accompanying person can be their coach or another trusted individual.
- We will do our best to accommodate accompanying persons, coaches, or parents at wellnessHostel3000 in Laax (see accommodation details below). However, they are personally responsible for arranging and covering the costs of their own accommodation.
- Accommodation recommendations can be found below. For more information, please contact Werner Künzler at werner-za.kuenzler@sunrise.ch or phone +41 79 33 66 100.
- For participants aged between 8 and 16 who are not accompanied by their parents, we kindly ask for the signed consent form from their legal guardians to be sent to info@eislaufen.li, including the appropriate note.
- The required form "Declaration Legal Guardians" can be downloaded from www.eislaufen.li and is also attached to the email accompanying this invitation.
- We warmly welcome small groups of younger participants to be accompanied by a parent they know and trust.
- For participants between the ages of 8 and 16 who are not accompanied by an adult, we offer supervised accommodation at wellnessHostel3000 in Laax (see accommodation details below). Children under the age of 14 must have parents or guardians who can pick them up within a few hours in case of emergencies. The young participants will be supervised by Marco Schmellentin, Werner, and Nicky Künzler. They will be on-site, available to help, and will also provide short van transfers to the ice rink.
Please note: sufficient knowledge of English is required.

When registering, you can indicate if you would like supervision at wellnessHostel. A separate declaration is needed for this.

The supervisors Marco Schmellentin, Werner, and Nicky Künzler are parents of participants from Liechtenstein. They are required to complete the Safeguarding Basics course and must sign a Code of Conduct, which will be submitted to the ISU Development Commission.

- Accident and health insurance are the responsibility of the participants.

Photo Consent Declaration

The required form “Photo Consent Declaration” can be downloaded from www.eislaufen.li and is also attached to the email accompanying this invitation.

Insurance

Insurance is the responsibility of the participants. The SSC assumes no liability and responsibility for accommodations or any activities during and outside of training times.

Participants are encouraged to take out travel and course cancellation insurance when registering.

Disclaimer

Please note that the duty of supervision outside of the workshop units lies exclusively with the personal trainers or legal guardians. The organiser of the camp assumes no responsibility for any injuries. We explicitly point out that the organiser of the camp reserves the right to cancel the event in whole or in part if, for example, economic feasibility cannot be maintained or global events make it impossible to hold the event. In this case, no compensation will be provided for any costs incurred (e.g., cancellation of booked travel reservations) by the participants.

Important

- The participants of the courses should be healthy and sporty in the sense of mass sports.
- The caring for children beyond the time of training cannot be taken over by the tour operator unless special agreements have been made.
- Participants agree that photos taken during the camp can be used in publications, reports, on the homepage, and on social media of the LEV and the camp, and of the ISU.

Accommodation

We aim to accommodate as many participants as possible – especially accompanying coaches, but also accompanying parents – at **wellnessHostel3000** in Laax. The hostel is just a few minutes by car from the ice rink. A swimming pool and a fitness room are available at this youth hostel. The spa is clothing-free, accessible from age 14, and available at a special price of CHF 13 instead of CHF 37. Massage options are also available and can be booked independently starting two weeks before the appointment at: <https://shop.auagrava.ch/reservations/category/122/>.

There are different room sizes, ranging from double to four-bed rooms. For the first night, there may also be a different room allocation. We do our best when assigning rooms, but flexibility is necessary in a youth hostel.

A shuttle service is organized, and there are also public bus connections available. The accommodation price includes breakfast, a packed lunch and dinner.



Please note that, in general, accompanying persons are responsible for arranging and covering their own accommodation.

Below, you will find a list of possible accommodation options and contact details.

- Region and Tourism: <https://www.flimslaax.com/>
- Camping Flims is located directly next to the ice rink:
<https://www.tcs.ch/de/camping-reisen/camping-insider/campingplaetze/tcs-campingplaetze/campingplatz-flims.php>
- 4 Stern Hotel Schweizerhof
7018 Flims Waldhaus | Tel:+41(0)81 928 10 10
info@schweizerhof-flims.ch / www.schweizerhof-flims.ch
- 3 Stern Hotel des Alpes
7018 Flims Waldhaus | Tel:+41 (0)81 928 25 25
info@hoteldesalpes.ch / www.hoteldesalpes.ch
- 3 Stern Hotel am Waldrand
7018 Flims Waldhaus | Tel:+41(0)81 911 30 30
info@amwaldrand.ch | www.amwaldrand.ch
- LAAX Homes AG
Frau Corina Scheidegger-Hotz
+41 (0)81 921 44 55 | laaxhomes@laax.com

Hotel partners, some with special arrangements for course participants, please inquire directly and provide the following password for a discount: **Figure Skating 25**

General Information about The Prau La Selva Sports Center

<https://sportzentrum-flims.ch/>

Top athletes, aspiring competitive athletes, and recreational sports enthusiasts alike will find an ideal environment at Prau La Selva among like-minded individuals and under the guidance of qualified sports professionals. This includes not only the optimal infrastructure of the sports facility but also the unique surroundings of the "Alpenarena" sports and recreation area, with its deep blue mountain lakes and endless forests in the heart of the Grisons mountains. Additionally, Flims offers a wide range of accommodation options.



The Prau La Selva Sports Center is located about a 15-minute walk from the legendary Lake Cauma.